The Rotastand...SOLO is packed in a strong purpose built carton, to ensure safe delivery. Please retain the carton if possible. Inside this carton you will find the Rotastand...SOLO and instructions.

1. **Getting Started with your Locomotor Rotastand...SOLO**
   1.1. Remove all items from the carton.
   1.2. Identify the items against the packing list.

2. **Assembly of your Locomotor Rotastand...SOLO (See diagram)**
   2.1. The Rotastand...SOLO comes fully assembled and ready to use.

3. **Using the Locomotor ROTA STAND .**
   3.1. The Rotastand...SOLO has been designed to allow staff to transfer a patient/client from one seated position to another. Before a transfer can take place staff should satisfy themselves through an appropriate risk assessment that the patient/client is able to bear weight independently.

   3.2. Before using your Rotastand...SOLO adjust the height of the handlebar and the shin pad to suit the patient/client. The shin pad can be moved up or down by 40mm by removing the two fixing screws and attaching it using the two alternative fixing holes. The Rotastand...SOLO can be manoeuvred on its rear wheels and brought to position in front of the patient/client. Assist the patient/client to the front of their chair, ready to stand and place the patient/client's feet on the non slip foot plate and gently wheel the Rotastand...SOLO up to the patient/client on its central wheels. The Rotastand...SOLO should end up with the patient/client's shins firmly against the shin pad.
From this position ensure stabilising bar is fully extended and encourage the patient/client, using the handlebar, to pull themselves into a standing position. The nurse/carer should position themselves at the side of the patient/client with one hand on the handlebar bar ready to assist if required. Once in a standing position, ensure stabilising bar is fully retracted and gently rotate the Rotastand...SOLO to the position required ensure stabilising bar is fully extended before encouraging the patient/client to sit, reversing the above procedure.

3.3. The Rotastand...SOLO can also be used in the same way as a conventional Rotastand. In this way the carer would counterbalance the Rotastand...SOLO from the front by holding the handle bar, and placing a foot on the base plate as the patient/client brings themselves to a standing position. The stabilising bar is thus not needed to perform this transfer.

NB ALL PATIENT HANDLING TASKS SHOULD BE CARRIED OUT AFTER A FULL RISK ASSESSMENT OF THE PATIENT AND THE ENVIRONMENT IN WHICH THE TASK IS TO BE CARRIED OUT.

4. Maintaining and Cleaning your Locomotor Rotastand...SOLO.

4.1. Only use a non-abrasive cleaner or disinfectant on the surfaces on the Rotastand...SOLO. i.e. Isopropyl alcohol at 70% concentration.

4.2. Before every use always ensure that the handlebar and knee pad height adjustment means are fully tightened and that the brake and stabilising bar are functional. Always be vigilant and check for damage.

4.3. Annual servicing is recommended. See service instructions.

4.4. Warranted for 12 months

5. Some Do's and Don'ts.

5.1. DO ensure that you have read these instructions and understood them fully, including the glossary of symbols in the bottom of these instructions.

5.2. DO ensure that you carry out an inspection of the Locomotor Rotastand...SOLO on a regular basis.

5.3. DON'T let children play with the Locomotor Rotastand...SOLO.

5.4. DON'T exceed the safe working load of a 200kgs person (31 stones).

5.5. Always ensure stabilising bar is fully extended before standing or sitting a client.

### TECHNICAL SPECIFICATION

<table>
<thead>
<tr>
<th>SAFE WORKING LOAD</th>
<th>200Kg</th>
</tr>
</thead>
<tbody>
<tr>
<td>OVERALL LENGTH</td>
<td>Min 560mm Max 730mm</td>
</tr>
<tr>
<td>WIDTH</td>
<td>520mm</td>
</tr>
<tr>
<td>HEIGHT</td>
<td>Min 820mm Max 1310mm</td>
</tr>
<tr>
<td>WEIGHT</td>
<td>14.5Kg</td>
</tr>
<tr>
<td>CONSTRUCTION</td>
<td>Nylon coated stainless steel &amp; mild steel</td>
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</tbody>
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### GLOSSARY

Attention consult accompanying documents before use.

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Select Healthcare (UK) Ltd
Unit 2 Albert Road
Rushden
Northants NN10 0BU
Tel: 01933 411729 Fax: 01933 410213

Designed and Developed by: Proto Magic Innovations Ltd